

FALL TERM SESSION 1: SEPT. 8-OCT. 10

Fall Term Fitness Classes are listed on a separate page.

MONDAYS

- **Mighty Fine Music:** 9:30–11 a.m.
- **North Park Hiking:** A:** 10–11:30 a.m.
- **Basic Astronomy:** A: 10 a.m.–noon
- **Intro to Acrylics:** A: 11 a.m.–noon
- **Beyond the Veil: World Religions:** 11 a.m.–12:30 p.m.
- **Acrylic Painting II:** A:** 1–2:30 p.m. (4 weeks)
- **Astronomy in Culture:** A:** 1–2:30 p.m.
- **Uncovering Our True Selves:*** 1:30–3:30 p.m.

TUESDAYS

- **The Life of Sir Winston Churchill:** 9:30–11 a.m.
- **U.S. History & the Wonderful Wizard of Oz:** 11 a.m.–12:30 p.m. (skip Sept. 23, end Oct. 14)
- **Digital Photography:** 12:30–2 p.m. (skip Oct. 7, end Oct. 14)
- **Art Criticism & Discussion:** 2–3:30 p.m.
- **Excel (Microsoft) Beginner's Class:**** 2–3:30 p.m.
- **Watercolor I:** A: 2–3:30 p.m.
- **Writing with Sensory Detail:** 4–6 p.m.

WEDNESDAYS

- **Spiritual Journey through the Chakras:*** 9:30–11 a.m.
- **Fun with Maps Revisited:** 11 a.m.–12:30 p.m.
- **Color Theory – Primary Colors:** 11 a.m.–12:30 p.m.
- **France: A Practical Guide:** 11 a.m.–12:30 p.m.
- **Bridge Basics 3:***\$ 1–3 p.m.
- **Poetry for Everyday Use:** 2–3:30 p.m.
- **What Did the Supreme Court Do? – 2025:** 2–3:30 p.m.
- **Weaving:**** 2–4 p.m.
- **Crime, Terror, & the Environment:** 4–5:30 p.m.
- **The Seven Year's War: Part 1: A:** 6–7:30 p.m.

THURSDAYS

- **Survey of the Civil Rights Movement II:** 11 a.m.–12:30 p.m.
- **What You Are Is What You Were Then: Intergenerational Differences:** 11 a.m.–12:30 p.m.
- **Musicals with a Meaning:** 1:30–4 p.m.
- **Watercolor 2:** A:** 2–3:30 p.m.
- **"1984" in 2025?:** 4–5:30 p.m.

FRIDAYS (No classes Sept. 12, classes begin Sept. 19)

- **The Seven Year's War: Part 1: B:** 11 a.m.–12:30 p.m.
- **Book Club: Sampling Genres:** 1:30–3:30 p.m. (Sept. 19, Oct. 10, Nov. 7, Dec. 5)

ONE-TIME AND SPECIAL EVENTS: SESSION 1

- **ALL Fall Preview:** Wednesday, Aug. 20 at 1 p.m.
- **Member Preparation Days:** Tuesday, Aug. 26 & Wednesday, Aug. 27: 1–4 p.m.
- **ALL New Member Tours:** Wednesday, Aug. 27, Wednesday, Sept. 3 or Thursday, Sept. 4
- **"Fences": Outdoors at the August Wilson House:***\$ Friday, Aug. 29: \$60 (ticket & transportation)
- **France & London History:** Thursday, Sept. 4: 4 p.m.
- **ALL Fall Kickoff Picnic:** Friday, Sept. 5: 11:30 a.m.–1:30 p.m.
- **Dr. Clark's Inauguration:** Friday, Sept. 12 (no classes)
- **Men's Coffee Special Interest Group:** Date TBA
- **Normandy–The Turning Point:*** Tuesday, Oct. 14, 2–3:30 p.m.
- **Walking Historical Homewood Cemetery:** Wednesday, Oct. 15: 9:30–11:30 a.m.
- **Oscar Wilde:*** Thursday, Oct. 16: 2 p.m.
- **Walking Historical Highland Park Tour:** Friday, Oct. 17: 9:30–11:30 a.m.
- **Exploring Dis- and MisInfo:*** Friday, Oct. 17: 1:30–3 p.m.

PROGRAM OFFERINGS AT KEARNS SPIRITUALITY CENTER

- **Spiritual Direction**\$ • **Private Retreats**\$ • **Labyrinth**
- **Massage Therapy**\$ • **Reiki**\$

Open to the public and ALL members.
Contact 412-366-1124 or kearns@cdpsisters.org to learn more.

PLUS MEMBER BENEFITS

- **Open & Lap Swim:**+ Days and times to be announced.
- **Kerr Fitness & Sports Center Walking Track:**+ Monday through Friday, 8:30 a.m.–5 p.m.
Hours may vary due to academic calendar and athletic events.
- **Private Swim Lessons by Appointment***

+ Class for Plus Members only. | * Open for members and community. May have additional cost. See website for details. | ** Lottery. | \$ Additional cost.
Schedule as of Aug. 2. Schedule is subject to change.

FALL TERM SESSION 2: OCT. 20-NOV. 21

Fall Term Fitness Classes are listed on a separate page.

MONDAYS

- Basic Astronomy: B: 10 a.m.–noon
- North Park Hiking: B:** 10–11:30 a.m.
- Intro to Acrylics: B: 11 a.m.–noon
- We're From Pittsburgh: 11 a.m.–12:30 p.m.
- The Heart's Journey Through the Seasons:* 11 a.m.–12:30 p.m.
- Acrylic Painting II: B:** 1–2:30 p.m. (4 weeks)
- Astronomy in Culture: B:** 1–2:30 p.m.
- Illuminating the Word: St. John's Bible:* 1:30–3 p.m.

TUESDAYS

- Reflection & Prayer for Social Justice:* 10–11:30 a.m.
- The Beatles: 11 a.m.–12:30 p.m.
- Let's Talk About Fredrick Backman: 11 a.m.–12:30 p.m.
- Be Happy: 2–3:30 p.m. (3 weeks, Nov. 4-18)
- The Beginnings of Modern Art: 2–3:30 p.m.
- Watercolor I: B: 2–3:30 p.m.
- Movies & Mental Illness: 4–6 p.m.

WEDNESDAYS

- Mindfulness in the Holidays: 9:30–11 a.m.
- Gilded Age: 11 a.m.–12:30 p.m.
- Color Theory – Secondary & Tertiary: 11 a.m.–12:30 p.m.
- Journaling for the Second Half of Life: 11 a.m.–12:30 p.m.
- Nurturing Your Innate Creativity:** 2–4 p.m.
- Theater in the City: 2:30–4 p.m.
- Making Numbers Look “Pretty”- Int/Adv Excel:* 4–5:30 p.m.
- The Seven Year's War: Part 2: A: 6–7:30 p.m.

THURSDAYS

- American Courts: 11 a.m.–12:30 p.m.
- Art of Storytelling: 11 a.m.–12:30 p.m.
- Knitting for Advanced Beginners: 12:30–2 p.m.
- Faith on Film: 1:30–4 p.m.
- Watercolor 2: B:** 2-3:30 p.m.
- What's Happening This Week: 4-5:30 p.m.

FRIDAYS

- Art & Crisis in the Interwar Period: 9:30–11 a.m.
- Learn German: 11 a.m.–noon
- The Seven Year's War: Part 2: B: 11 a.m.–12:30 p.m.

ONE-TIME AND SPECIAL EVENTS: SESSION 2

- Men's Coffee Special Interest Group: Date TBA
- Normandy–The Turning Point:* Tuesday, Oct. 14, 2–3:30 p.m.
- Walking Historical Homewood Cemetery: Wednesday, Oct. 15: 9:30–11:30 a.m.
- Oscar Wilde:* Thursday, Oct. 16: 2 p.m.
- Walking Historical Highland Park Tour: Friday, Oct. 17: 9:30–11:30 a.m.
- Exploring Dis- and MisInfo:* Friday, Oct. 17: 1:30–3 p.m.
- Beyond the Basics: Getting More from ChatGPT:* Tuesday, Dec. 2: 1–2:30 p.m.
- Pasta 101: One Big Pasta Party:*\$ Wednesday, Dec. 3 or Wednesday, Dec. 10: \$70 members/\$85 guests
- Yarn Circle: TBA

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